



ERAELIYA
VILLAS & GARDENS

**ERAELIYA
AROMA SPA**

MASSAGE OIL

Relaxing bergamot

The relaxing and soothing aroma of this massage oil is sedative and can assist with sleep disorders by putting you into a very comfortable restful state. It also relieves headaches, muscle pain and sprains.

Anti-aging lotus

Lotus flower is a natural wonder with its unique anti-aging nourishing and beautifying properties. Lotus oil helps to improve skin turgor by repairing the proteins and increasing collagen cross-linking. It will leave you with flawless, glowing skin you've always wanted.

Soothing lemongrass

Well known for its strong anti-inflammatory and antimicrobial properties, lemongrass oil offers soothing pain relief and muscular tension release. As a natural antiseptic and astringent, lemongrass is perfect for cleansing and toning the skin, making it appear fresh and smooth.



All our massage oils are made on the base of the highest quality organic unrefined coconut oil which is considered to be perfect for massage due to its unique properties:

It penetrates the skin very easily during the massage and serves well then used as a carrier oil to deliver all the amazing benefits of other herbal extracts and essential oils into the deep layers.

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If it is packed with a lot of rejuvenating antioxidants that protect the skin from the sun damage, sagging, peeling and discoloration.

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If it is the natural saturated fat with deep moisturizing properties, ideal for treating conditions such as dry, itchy or cracking skin.

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Lauric fatty acid, predominantly found in coconut oil, has proven antibacterial, antiviral, antifungal and anti-inflammatory benefits.

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It is rich in vitamin E and keeps your skin looking young, healthy and radiant.

Reservation required | Subject to availability | Cancellation policies apply
All prices are in USD | Inclusive of all taxes and service charge

SIGNATURE MESSAGES

Full body massage

This massage is relaxing and refreshing. Carefully applied pressure techniques and gentle stretching movements have a soothing affect on body and mind, regulate blood pressure and relive any internalaches and pains in the joints.

50 \$ (60 minutes)

Relaxing massage

A relaxing 60-minute full body massage.

45 \$ (60 minutes)

Neck & shoulder massage

A relaxing 30-minute fneck and shoulder massage.

25 \$ (30 minutes)

Neck, shoulder & back massage

A gentle massage focusing on the neck, shoulders and back.

35 \$ (45 minutes)

Facial massage

A pampering 30-minute facial massage using your choise of one of our massage oils.

25 \$ (30 minutes)

Head & neck massage

A relaxing 30-minute head and neck massage.

25 \$ (30 minutes)



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HOLISTIC TREATMENTS

Herbal body scrub

This revitalizing treatment begins with an Ayurvedic scrub using the pulp of Venivel (a natural antiseptic) and Kokum (an antioxidant) blended with curd. It is designed to remove dead cells, deeply cleanse the skin and help relieve sunburn. After the scrub, our therapist will apply one of our massage oils. Good for all skin types.

65 \$ (75 minutes)

Full body scrub

A spa treatment which exfoliates the skin on your body leaving it feeling fresh, smooth, moisturized and soft.

55 \$ (60 minutes)

Ayurvedic facial with herbal pack

Our soothing facial uses a traditional blend of naturally healing Ayurvedic herbs, Kokum (an antioxidant) and Venivel (a natural antiseptic) mixed with cooling curd. This treatment encourages new skin growth, smooths the signs of ageing and leaves your skin with a healthy glow.

30 \$ (45 minutes)



At Eraeliya Aroma Spa we use only natural organic ingredients from local produce and seasonal harvests, enriched with vitamins and amazing health and skin benefits.

To prepare our scrubs and face packs we use:

coconut, cinnamon, turmeric, honey, sandalwood, Ceylon tea and coffee, brown sugar, sea salt, curd, aloe Vera, lotus flower, ripe seasonal fruits, herbs and other fresh ingredients.

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